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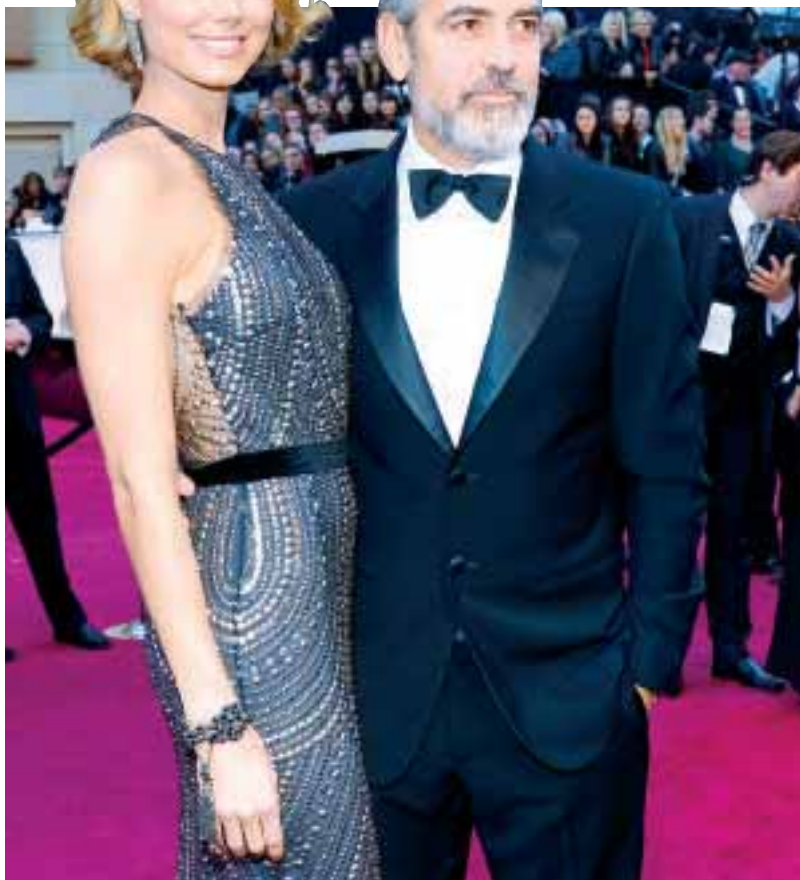
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Monday, February 25, 2013



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CLASSY COUPLE

Actress Stacy Keibler and actor George Clooney arrive at the Oscars at the Hollywood & Highland Center on Sunday.
For Oscars coverage, see pages 8 & 9. KEVORK DJANSEZIAN/GETTY IMAGES

Coun. pushes for pedestrian protection

Funds. Bill Armstrong wants money budgeted for railway safety



ANGELA MULLINS
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Coun. Bill Armstrong is prepared to ask this week that money be put in this year's budget for installing pedestrian arms at railway crossings.

The request — likely in the neighbourhood of \$150,000 to \$200,000 — will come as city staff look for council approval to spend \$30,000 on a review of crossings. The study would analyze risk and develop "pedestrian-focused" solutions, according to a report headed to Monday's civic works committee meeting.

Armstrong wants the initial focus to be on Third Street north of Dundas, the spot where 11-year-old Kendra Cameron died Dec. 1 after darting

Schedule

This week during committee meetings at city hall:

- The community and protective services committee meets at 7 p.m. on Monday.
- The planning and environment committee meets at 7 p.m. on Tuesday.

in front of a train. Adding pedestrian arms there would cost about \$210,000, with Transport Canada and Canadian Pacific Railway expected to pick up some of the bill.

Eventually, Armstrong wants all crossings to include arms that block sidewalks while trains are crossings. That's likely to cost about \$10 million, according to the staff report.

"I would like to see us put

aside enough money to do one or two each year," Armstrong said Sunday. "In this day and age, there shouldn't be people dying at railway crossings."

Kendra was the fifth and last person to die at a London railway crossing in 2012. Other deaths were reported at York and Maitland Streets, near Adelaide and Quebec, and near Third Street and Clarke Road.

Trevor Barton, 20, was killed in May at Richmond Street near Mill Street — the only city crossing with pedestrian arms. Those were installed in 2009, but people "continue to climb over or around the gates," according to the staff report.

Along with installing pedestrian arms, other viable options for improving safety include better signage, devices that force people to slow down as they approach and more education about the danger of crossing tracks when lights are flashing, the report says.

The last safety review of city crossings was done in 2007.



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Sport & rec. event rolls out ways to get London moving

Getting physical.

Western Fair District's Sport and Recreation Show aims to promote healthy bodies, minds



ANGELA MULLINS

angela.mullins@metronews.ca

Roll it, putt it, punt it, pin it.

Name the sport and you could have likely tried it during the Western Fair District's Sport and Recreation Show.

Making the show as interactive as possible was one of the goals organizers set this year — an effort to get folks moving and improve health by showing people all their options for fun.

"That's what we wanted people to do: Go in there and have fun," show manager Rob Lumsden said Sunday.

That meant rolling out turf for impromptu field drills. Squaring off space for local volleyball players to show off their bumps, sets and digs. Setting aside stage time for mixed martial arts, wrestling and fencing.

"Recreation is such a broad term," Lumsden said. "It really is a different thing for everyone, and we wanted to show-

Joining forces

The Sport and Recreation Show marked its second year Saturday and Sunday at the Western Fair District's Agriplex.

- **Old and new.** It also marks the second time organizers have melded the London Golf Show and Sale, an event older than the rec show, into the mix.
- **Attendance.** Organizers said the combo approach is working well, and is expected to continue in coming years.

case that."

Mixing sports with experts on everything from nutrition to back pain gives the show a holistic approach to health.

It's a message that's not lost on participants. Jennifer Jaquith, who's with the Nor'West Optimist Soccer Club, considers the opportunity to encourage physical activity one of the event's biggest benefits.

"For us, this is like community outreach," Jaquith said. "It certainly promotes that mentality of 'Let's be active, let's stay active for life.'"



The Forest City Derby Girls round the track Sunday during the Sport and Recreation Show at the Western Fair District's Agriplex. The sport was one of many on display during the two-day show aimed at promoting physical activity in London. ANGELA MULLINS/METRO

Black history committee explores global roots



Nabita Nyarukundo, 41, of London, leads the Joy in the Harvest Drum Choir as they kick off the Black History Month closing gala on Sunday at Wolf Performance Hall. The choir was one of multiple cultural groups represented during the gala, which featured theatre, singing and dancing. ANGELA MULLINS/METRO

Celebrating black history and the achievements made through decades of struggle isn't just a North American story.

It's a story that spans the globe and includes the voices of people from many backgrounds.

"Martin Luther King was a great man and did great things," said Silence Genti, a member of the London Black History Coordinating Committee. "But there were many other people who did great things."

"For me, Nelson Mandela was very important. Some

people can point to others."

Genti has been preaching that message since he arrived from Zimbabwe four years ago and got involved with Black History Month. The point, he said, is starting to get across, with a wider array of cultures represented during the annual observance.

This was apparent Sunday as organizers closed the month with a cross-cultural gala that included African drumming, a Caribbean singer and a dance performance with Ghanaian roots.

The shift in focus, Genti

said, has helped Black History Month events expand and reach a larger audience. "Awareness about local black culture — and events celebrating it — has spiked."

"Four years ago, we were not where we are now," Genti said. "There has been a trend of growth. Not just in the number of events, but the scope of areas covered. Now we're looking at it more as: How do we educate our different audiences?"

"In some ways, we're contributing to the development of our community."

ANGELA MULLINS/METRO

Unidentified victim

Man, 19, killed in single-car crash

A 19-year-old London man was killed Friday night in a single-car crash on White Oak Road near Highway 402. The vehicle left the roadway around 10 p.m., police said, injuring three occupants. All three were transported to hospital, where one later died. **METRO**

Alcohol a factor

Snowmobiler dies after tree collision

A North Middlesex man was killed Friday night when he lost control of his snowmobile and struck a tree. OPP said two snowmobiles were travelling in a field north of Elginfield Road at the time. He has been identified as Dwayne Cadman, 43. **METRO**

Expert clinic

Chronic-pain clinic to open officially

Ontario's first chronic-pain clinic west of Toronto opens in London on Monday. Mayor Joe Fontana will join staff at the London Chronic Pain Institute for the official opening ceremony at 12:30 p.m. The clinic is located at 460 Springbank Rd., Unit 102. **METRO**



London Mayor Joe Fontana
CONTRIBUTED

My London

Metro London joins blogosphere

Due to the demand of literally some people, Metro London has started a new blog. Managing editor Jim Reyno's first instalment of My London takes a look at how he started out in journalism and ended up on Talbot Street. The blog is at metronews.ca. **METRO**

1812

Building renamed for war hero

Susan Truppe, MP for London North Centre, announced Friday that the Government of Canada building at 451 Talbot St. will be named the Richard Pierpoint Building in recognition of Pierpoint's contribution during the War of 1812. **METRO**

Synchronized skating

London club takes national gold

The London Skating Club's intermediate synchronized skating team won gold at the Canadian championships in Calgary on Friday. The team is coached by Traci Wells. The novice team, coached by Shannon Moxey, placed 10th. **METRO**

Networking

Breast care centre fundraiser

St. Joseph's Breast Care Centre's Breakfast Meeting for Women networking group is hosting the Ultimate Cocktail Party Thursday. Tickets cost \$100 and can be purchased at breakfast-meetingforwomen.com or by calling 519-473-2396 by Monday. **METRO**

Vehicle-train collision

Accident sends one to hospital

One person was airlifted to hospital following a vehicle and train collision just outside of Woodstock on Sunday morning. Police said a car struck a train on Oxford Road 4 at County Road 17. Police said the investigation was still in its preliminary stages. **AM980/AM980.CA**

Sarnia

Woman dies after ATV collision

One person is dead and another remains in hospital after a single-vehicle collision in Sarnia Saturday. A 35-year-old woman died at the scene, while a 36-year-old man was transported to hospital to be treated for non-life-threatening injuries. **AM980/AM980.CA**

London Lightning

Phillips named player of the week

The National Basketball League of Canada announced that Marvin Phillips of the London Lightning has been named player of the week for the week ending Feb. 24. This is the second time that Phillips has earned this honour. **METRO**

Inquiry into gas plants, if elected: PCs

Fiasco. 'If there's criminal wrongdoing, we'll be prosecuting it to the fullest extent of the law': Source

The Progressive Conservatives would call a judicial inquiry into the cancellation of two gas plants if they form the next government, a senior PC campaign source said Sunday.

A judge or panel of judges is needed to get to the bottom of the gas-plants fiasco and find out whether there was any criminal wrongdoing, the source told The Canadian Press.

The inquiry would identify what went wrong, who's accountable and if there's any mechanism to recoup tax dollars, the source said. It would also ensure parameters are set up so that no government can

use political pressure to do it again. "And if there's criminal wrongdoing, we'll be prosecuting it to the fullest extent of the law," the source added.

The Liberals admitted last week that they found a third batch of documents on the gas plants, after insisting that all the relevant data was made public months ago. Opposition parties have accused the Liberals of relocating the Oakville gas plant in 2010 and the Mississauga plant in the dying days of the 2011 election campaign to save Liberal seats in the face of local opposition to the projects.

THE CANADIAN PRESS



Chris Bentley
METRO

Contempt of parliament

The Tories recently revived a contempt-of-parliament motion against the government over the cancellation of the gas plants. It's the same

motion the Tories moved last fall that names then-energy minister Chris Bentley, even though he's no longer a member of the legislature.



Knights earn fourth straight win

London Knights forward Bo Horvat speeds up the ice with the puck during second-period action in Sunday's OHL game against the Saginaw Spirit at Budweiser Gardens. The Knights won 3-2, getting goals from Max Domi, Olli Maatta, and Alex Broadhurst. London outshot Saginaw 38-24. The Knights have now won four in a row. **ANGELA MULLINS/METRO**

Sam Stout. Londoner gets decision at UFC 157

London's Sam Stout won a split decision over Carlos Fodor during the preliminaries of the UFC 157 mixed martial arts event Saturday in Anaheim, Calif. Stout, a 28-year-old lightweight, improved his UFC record to 8-7;

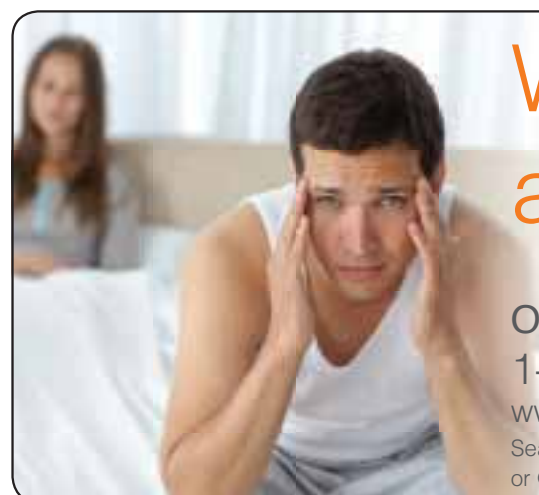
his career mixed martial arts win-loss mark is 20-8-1. The five-foot-nine, 170-pound striker has now won four of his past six fights in the Ultimate Fighting Championship.

METRO

Doors Open London. Deadline approaching

For the second straight year, Doors Open London and London Culture Days will occur on the same weekend, Sept. 28 and 29. Doors Open London and London Culture Days is a two-day event that opens up spaces

and offers activities throughout London, free of charge, for local residents and visitors to engage with. The deadline to register is 4 p.m. on March 1. For more information, email Dhira Ghosh at dghosh@london.ca. **METRO**



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Ontario



Brother of Oscar Pistorius also charged in death of a woman

Accused of negligent killing. Carl Pistorius had charges dropped, then reinstated in lethal traffic accident

The murder case involving Olympic star Oscar Pistorius took another unexpected turn Sunday with the news that his older brother, Carl, is himself facing charges for the death of a woman in a traffic accident.

Carl Pistorius faces a charge of unlawful, negligent killing for a 2008 road death, "in which a woman motorcyclist sadly lost her life," Kenneth Oldwage, the Pistorius family lawyer, said on Sunday. The accident happened in Vanderbijlpark, south of Johannesburg. The charge of "culpable homicide" was dropped and then reinstated and will be challenged in court, the lawyer told The Associated Press.

To drop and then reinstate charges is "not uncommon in South African criminal law.

The law specifically makes provision to allow charges to be dropped and then to be reinstated as a result of further investigations," said Jacob van Garderen, director of Lawyers for Human Rights. "It is a practical procedure, a process that is there to assist both sides."

This past weekend, model Reevea Steenkamp, who was shot to death by Oscar Pistorius on Valentine's Day, was on television again in a new episode of the reality show *Tropika Island of Treasure 5*, even though she was buried last Tuesday.

On Monday, Oscar Pistorius must report to the police station in Brooklyn, a suburb of the capital Pretoria, and sign in, a twice-weekly procedure that is part of his bail conditions.

Pistorius was released on bail Friday and stayed at the home of his uncle Arnold in Waterkloof. His brother Carl came to visit the house Sunday.

Oldwage said that "Carl deeply regrets the accident"

Investigator also charged

It is the second time someone associated with the case has been found to face a charge that had been dropped and reinstated.

- The chief police investigator faces charges of seven counts of attempted murder for allegedly shooting at a vehicle with seven passengers.
- Hilton Botha was removed from the Pistorius investigation following the revelations, and a new chief detective was appointed on Thursday.

and that a blood test showed he was not drunk at the time.

Oscar Pistorius was charged with premeditated murder, but the athlete says he killed his girlfriend accidentally, opening fire after mistaking her for an intruder in his home. **THE ASSOCIATED PRESS**



Brother Carl Pistorius, right, and father Henke attend Oscar's bail hearing Tuesday. THEMBA HADEBE/THE ASSOCIATED PRESS FILE

Syrian rebels aim tanks at strategic police academy

Rebels backed by captured tanks launched a fresh offensive on a government complex housing a police academy near the northern city of Aleppo on Sunday, while the government hit back with airstrikes to try to protect the key installation, activists said.

If rebels capture the complex, it would mark another setback for President Bashar Assad. In recent weeks, his regime has lost control of key infrastructure in the northeast, including a hydroelectric dam, a major oil field and two army bases along the

road linking Aleppo with the airport to its east.

Rebels have also been hitting the heart of Damascus with occasional mortar shells or bombings, posing a stiff challenge to the regime in its seat of power.

On Saturday, opposition fighters in the eastern province of Deir el-Zour overran a military post believed to have once been the site of a partly built nuclear reactor, which Israeli warplanes bombed in 2007.

It was not clear what the site was being used for most recently. **THE ASSOCIATED PRESS**

Comic casualty

Also on Sunday, prominent Syrian comedian Yassin Bakoush was killed in Damascus.

- **Cause.** State news and anti-regime sources disagree on whose explosives were responsible for his death.
- **Role.** Bakoush, 75, was known for playing characters that were likeable but naive and dim-witted.

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Nine-nation trip

John Kerry on tour for Syria solution

U.S. Secretary of State John Kerry embarked Sunday on his first official overseas voyage in a mission for new ideas on the Syrian crisis.

Kerry left Washington to start a gruelling nine-nation, 10-day trip to Europe and the Middle East. In addition to Syria, he will focus on conflicts in Mali and Afghanistan and Iran's nuclear program.

THE ASSOCIATED PRESS

Holy See ya later

Pope gives final Sunday blessing

Pope Benedict XVI bestowed the final Sunday blessing of his pontificate on a cheering crowd in St. Peter's Square.

"But this doesn't mean abandoning the church," he said, referring to his Thursday departure for a quiet, monastic life. "Prayer is not isolating oneself from the world and its contradictions."

THE ASSOCIATED PRESS

Scotland

Cardinal under investigation

The Vatican is looking into allegations of "inappropriate behaviour" by Cardinal Keith O'Brien, Britain's most senior Catholic cleric, officials said Sunday. The claims come at a sensitive time, as cardinals prepare to choose the next pope.

British newspaper the Observer reported that three priests and a former priest made the allegations.

THE ASSOCIATED PRESS

Feds dispute dismal global freedom of information ranking

Canada dropped to 55th out of 93 countries. Harper government fights back, saying it has a solid record for openness

The Harper government is dismissing a report that ranks it 55th in the world for upholding freedom of information, saying it has a sterling record for openness.

But a four-page document outlining the federal rebuttal took five months to release after a request under the Access to Information Act — underscoring the very delay problem that contributed to Canada's dismal ranking.

A human-rights group based in Halifax has issued three report cards since 2011 on Canada's anemic standing in the world with



Canada's information commissioner, Suzanne Legault, holds a press conference in Ottawa in 2012.

SEAN KILPATRICK/THE CANADIAN PRESS FILE

tember 2011 was 40th of 89 countries, fell to 51st in June last year, then to 55th of 93 countries last September, behind Mongolia and Colombia.

"While standards around the world have advanced, Canada's access laws have stagnated and sometimes even regressed," the centre concluded, noting Canada was a world leader in 1983 when its federal information law came into force.

The research won praise from Canada's information commissioner, Suzanne Legault, who said "the analysis that this group has done is going to be a really useful tool" in her own investigation into freedom-of-information issues.

But an internal memo last summer to Treasury Board President Tony Clement cites the report's "weaknesses," saying the methodology "does not allow for an accurate comparison of the openness of a society and of its government."

THE CANADIAN PRESS

Reform recommended

Lengthy extensions are an issue

A memo from Michelle d'Auray, then secretary of the Treasury Board that oversees the access-to-information system, criticizes the report and was among a group of records requested from the Treasury Board last September by The Canadian Press under the Access to Information Act.

The law requires a response within 30 days, but the agency gave itself a 120-day extension — four additional months — so it could consult with the Privy Council Office, Prime Minister Stephen Harper's own department.

The report card from the Centre for Law and Democracy found that such unilateral, lengthy extensions are invoked too often by federal departments, calling delay a "classical way of effectively denying requests."

"Public authorities should be limited to one extension of no more than 30 days, applicable only in appropriate cases," the centre said in a key recommendation for reform.

'Time of sorrow.' Families, friends grieve five lost Nova Scotia fishermen

Hundreds of people gathered in churches in southwestern Nova Scotia on Sunday as friends and religious leaders urged their communities to offer support to the families grieving the loss of five young fishermen.

"This is a time of sorrow," said Sandy Stoddard, a veteran fisherman who was among the last to have radio contact with the captain of the Miss Ally, 21-year-old Katlin Nickerson.

"I've lost a piece of me," he said as he spoke tenderly to crying relatives in Calvary United Baptist Church in Woods Har-

bour, where about 500 people filled the pews.

Pastor Phil Williams urged the residents of the fishing village to continue supporting one another after a week filled with dashed hopes and criticism of the rescue and recovery efforts for the overturned hull of the boat.

The vessel's emergency beacon was detected by search-and-rescue officials last Sunday, as a storm with hurricane-force winds created massive waves over a 100 kilometres southeast of Liverpool. THE CANADIAN PRESS



A memorial for five missing fishermen sits in the Calvary United Baptist Church in Woods Harbour, N.S., on Sunday. DEVAAN INGRAHAM/THE CANADIAN PRESS

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Galaxy Note 8. Samsung takes on iPad Mini

Samsung Electronics is beefing up its tablet range with a competitor to Apple's iPad Mini that sports a pen for writing on the screen.

The Korean company announced on Sunday in Barcelona that the Galaxy Note 8.0

will have an eight-inch screen, putting it very close in size to Apple's tablet, which launched in November with a 7.9-inch screen. It's not the first time Samsung has made a tablet that's in the Mini's size range: Its very first iPad competitor

had a seven-inch screen, and it still makes a tablet of that size, but without a pen.

Samsung will start selling the new tablet this spring at an undetermined price. It made the announcement ahead of Mobile World Congress, the wireless industry's annual trade show, which starts today in Barcelona.

Apple doesn't make any devices that work with styluses, preferring to optimize its interfaces for fingers, mice and touch pads. **THE ASSOCIATED PRESS**



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Netflix and TV go together like a horse and carriage: Report

Usage. Almost 1 in 3 homes with kids under 12 has a Netflix subscription, and 36% of homes with teens do



Netflix Canada is growing in popularity. PHOTO ILLUSTRATION BY GETTY IMAGES

Canadian Netflix users stream an average of about an hour a day, watch another half hour's worth of content online, and catch another hour and a half of broadcast TV, suggests a study.

Most Netflix customers are not so-called cord cutters — a term to describe consumers who have cancelled their cable or satellite plan in favour of other content options — according to the report by the Media Technology Monitor, based on surveys with thousands of Canadians.

In fact, Netflix users were found to be more likely than other consumers to shell out for a premium TV package,

even while paying \$8 a month for the streaming service. While 31 per cent of anglophone consumers said they pay extra for a premium TV package, the figure was 36 per cent among Netflix subscribers.

MTM estimated that about one in five anglophones were subscribing to Netflix in the fall and users watched an average of 6.4 hours on Netflix a week.

Subscribers appeared to be watching less TV on cable and

satellite, tuning in for about 11.3 hours per week compared to the 14.9 hours that non-users watched. But when adding their Netflix streams and content viewed online, they watched an average of more than 22 hours a week, well above the almost 16 hours for non-Netflix users.

As for demographics, 29 per cent of consumers aged 18 to 34 said they were Netflix users, followed by 27 per cent of those aged 35 to 49. **THE CANADIAN PRESS**

Sequestration

Canadians would feel pain of U.S. debt reductions

Canada will feel the sting if U.S. Congress fails this week to avert what's known as sequestration, an array of massive spending cuts to a host of federal departments and agencies aimed at slashing America's \$16-trillion US national debt.

On Thursday, \$85 billion in cuts for this fiscal year alone are slated to kick in. All told, sequestration would amount to \$1.2 trillion in budget reductions by 2021.

For Canadians, that means shopping trips to border communities will almost immediately become a hassle as they're confronted with waits of several hours at busy entry points. They'll also feel the effects when they fly, as U.S. officials cancel flights and shutter some control towers and airports.

Exporters, meanwhile, will face far longer cargo-processing times at borders as well. Business travellers will be ensnared in long lines at the border.

Beyond the Border could also be shelved with U.S. Customs and Border Protection poised to cut the equivalent of almost 8,000 positions. **THE CANADIAN PRESS**



Case of the missing mural

A new stencilled rat holding a sign that reads "Why?" appears on the side of a shop beside where the old Banksy artwork was removed in London, England. The original artwork — Slave Labour — vanished earlier this month. It appeared on the website of a Miami auction house, due to be sold Saturday with an estimated price of \$500,000 to \$700,000. But the BBC reported that the auction house confirmed the piece had been withdrawn from sale.

JORDAN MANSFIELD/GETTY IMAGES

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NIGHT OF HEROES IS IN THE BUILDING



**URBAN
COMPASS**
Todd Devlin
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Justin Hess is officially a veteran. When he struts his stuff down the catwalk at Community Living London's 21st annual Night of Heroes Fashion Show this Thursday night, he'll be doing so for the

third time.

Last year, Hess had the pressure of delivering a speech and introducing the MCs. He'll take on a different challenge at this year's event, showcasing his best moves in an Elvis-themed performance alongside Paul Nagy.

"I'm a huge Elvis fan and I thought it would be something different to try," said Hess, who has received support from Community Living London since 2000. "Paul looks and sings like Elvis, and he has a similar personality to Elvis."

Hess and Nagy connected last week at a meet-and-greet at Community Living London ahead of the organization's big event this Thursday, which will pair local, everyday heroes with their "model" partners, both dressed in fashion wear provided by local retailers and all in support of people with intellectual disabilities in the London area. Hess, like many others with intellectual disabilities, says he's grateful for the help the organization has provided him over the years.

"Without them, I wouldn't have achieved my goals or independence," he said. "The staff helps us with life skills to live independently and helps us make the right choices in our daily living."

Community Living London serves more than 800 people every year in a wide variety of ways, including accommodation services, respite services, and community access programs, to name a few.

This year's fashion show will feature a group of more than 25 local heroes, including police officers, firefighters and athletes. Some notable names include television reporter Nick Paparella, London Food Bank director Glen Pearson, 2012 Olympic decathlete Damian Warner, and famous hockey dad Walter Gretzky. Each local hero has made a significant contribution to the community.

That group also includes Nagy, whose support of Community Living London stems from his own family's involvement with the organization, as well as with Community Living Sarnia, where his brother, Leslie, has been receiving assistance for more than 30 years.

"These organizations are supporting individuals and helping them to have purpose and to live meaningful lives," Nagy said. "I'm honoured to be taking the stage with Justin and share in this special night for him and many others."

More than 400 attendees turned out for last year's event, which raised more than \$48,000. Tickets for this year's Night of Heroes, which will be held in the Crystal Ballroom at the Best Western Lamplighter Inn, are \$40 each. The event will include a live raffle and a silent auction in addition to the always entertaining fashion show.

Hess and Nagy had the opportunity to practise their moves during last week's meet-and-greet, and the Elvis duo are now ready to strut their stuff this Thursday. Most importantly, Hess says, they're looking to have a lot of fun.

"Paul has a great sense of humour," he said. "I'm very excited about the event."

For more information, visit cll.on.ca.

Follow Todd Devlin on
Twitter @UrbanCompassLdn



Paul Nagy and Justin Hess will channel The King at Community Living London's Night of Heroes Fashion Show this week. CONTRIBUTED

Final finish line for centenarian



KIN CHEUNG/THE ASSOCIATED PRESS

Setting the pace

Oldest marathon runner retires

The world's oldest marathon runner ran his last race on Sunday at the age of 101.

Fauja Singh finished the Hong Kong marathon's 10-kilometre race in a time of one hour, 32 minutes and 28 seconds.

The Indian-born runner, nicknamed the Turbaned Torpedo, had said that he would hang up his sneakers after the race in the southern Chinese city, just before his 102nd birthday.

THE ASSOCIATED PRESS

Rising from the ashes



"From a tragedy has come a lot of success and happiness."

Fauja Singh, world's oldest marathon runner. Singh explained that he took up running as a way to get over

depression after his wife and son died in quick succession in India. The death in 1994 of his son took a particularly hard toll on Singh because of its grisly nature. Singh and his son, Kuldip, both farmers, were checking on their fields in the middle of a storm when a piece of corrugated metal blown by the wind decapitated Kuldip in front of his father's eyes.

Toronto marathon man

- Singh, a great-grandfather, became the oldest man to run a full marathon in Toronto in 2011, at the age of 100. But his record was not recognized by Guinness World Records because he doesn't have a birth certificate to prove his age. Singh has a British passport that shows his date of birth as April 1, 1911, while a letter from Indian government officials states that birth records were not kept in 1911.

Long-distance trek

Starting to run was no sweat

Singh went to live with his youngest son in London, England, after his other son died. That's where Singh attended tournaments organized by the Sikh community and he took part in sprints.

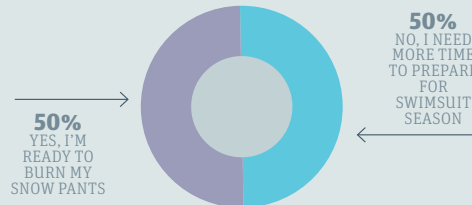
He met some Sikh marathon runners who encouraged him to take up long-distance running. One day he saw a marathon on television for the first time and decided that's what he wanted to do, too.

THE ASSOCIATED PRESS



Register at metropolitanpanel.ca and take the quick poll

Are you counting down the days till spring?



Twitter

@MarkHominick:

Homeward bound! Great time at #ufc157, but excited to get home to see my girls!

@rawbizms:

Does anyone know of a good TV repair person? Mine has died and I need to watch my stories :) #ldnont

@Gymsiren:

I'm actually starting to think chocolate is addicted to me... bloody he-- :s

@nataliese:

Having a fun convo on FB about doing a pop up shop for artisans in #ldnont during the week of the Skating Championships. Any ideas where?!

@kmarnoch:

Hearing birds singing outside this morning.. spring might be closer than we think? #LdnOnt #sunshine

@iamA_JKster:

good to be back :) #westernu #deli #2north



Anne Hathaway wins the Oscar for best supporting actress at the 85th Academy Awards in L.A. on Sunday. ALL PHOTOS GETTY IMAGES

A night at the Oscars

Hollywood's highest honour. Metro looks at the highlights of the 85th Academy Awards



NED EHRBAR

Metro World News in Hollywood

There was no clear favourite for the night as Hollywood's year came to a close at the 85th annual Academy Awards on Sunday.

The Academy kicked off the night with one of the more difficult Oscar categories to predict, best supporting actor, with Christoph Waltz taking the prize for his work in *Django Unchained*.

Disney-owned animation studio Pixar swept both animated categories, taking animated short (*Paperman*) and animated feature (*Brave*), but for the most part the awards were spread out among several titles.

Life of Pi earned trophies for best visual effects and best cinematography, while *Les Misérables* won best make-up and hairstyling and best sound mixing. Anna Karenina took best costume design.



Seth MacFarlane

In a rare Oscars tie, the award for best sound editing was shared by *Zero Dark Thirty* and *Skyfall*. For history buffs, the last time there was a tie for an Oscar was in 1968, when Barbra Streisand shared the award for best actress with Katharine Hepburn.

As expected, Michael Haneke's *Amour* won for best foreign language film and Anne Hathaway earned a trophy for best supporting actress for her role in *Les Misérables* as the tragic Fantine.



Christoph Waltz

"I look up to you all so much, and it's just been such an honour," Hathaway said, paying tribute to fellow nominees Sally Field, Amy Adams, Jacki Weaver and Helen Hunt.

Awards aside, the ceremony itself was something of a mixed bag, led by Family Guy creator and best song nominee Seth MacFarlane, known for both his love of old-school crooning and envelope-pushing humour.

MacFarlane opened the show by doing the seemingly impossible: making usually

dour Tommy Lee Jones smile and laugh. He also poked fun at other nominees: "If you bumped into Don Cheadle on the studio lot, did you try to free him?" he asked nominee Day-Lewis. "How far did your method go?"

His monologue was interrupted by William Shatner on screen chastising him for doing a poor job, including singing a song about Oscar-nominated actresses going topless called *We Saw Your Boobs*.

But it was rough sailing from there, including awkward

Looking ahead

And even before the Oscars had been handed out, some were already looking toward next year's contenders.

- According to *Deadline*, deals are reportedly in the works for perennial awards season heavyweight the Weinstein Company to acquire Grace of Monaco, starring Nicole Kidman as Grace Kelly, and *Mandela: Long Walk to Freedom*, starring Idris Elba as Nelson Mandela, according to *Deadline*.



bits by Paul Rudd and Melissa McCarthy and the cast of *The Avengers*. The choice to use the theme from *Jaws* to play off winners when they go home was particularly odd.

One of the highlights of the ceremony was a rendition of *Goldfinger* by Dame Shirley Bassey during a tribute to the Bond franchise, even if it did seem too brief. And Catherine Zeta-Jones wowed the audience with *All That Jazz* from Chicago during a tribute to movie musicals.

Metro's Dorothy Robinson and The Kit's Nadine Anglin give us their take on the best and worst of the red carpet of all red carpets at the 85th Academy Awards in L.A. on Sunday



1

1 Jennifer Lawrence

First glance. Jennifer Lawrence's gown looks like it was made from curtains, von Trapp style, but with a fab tailor.

DOROTHY ROBINSON



2

2 Jessica Chastain

Va-va-va-voom! This is the way to do sexy at the Academy Awards. The nude, jewel-encrusted dress hugs every curve.

NADINE ANGLIN

3 Bradley Cooper

A classic tuxedo for a classic leading-man type. But really, Bradley could wear a paper bag and look dashing.

NADINE ANGLIN

On the web

For more Oscar fashion coverage, visit TheKit.ca



3

Red carpet hits ... and misses



4

4 Anne Hathaway

Um. Did I just see Anne Hathaway's nipple? Did you? Help. Someone help me. Did I just see that? Guys. Someone get Anne Hathaway's stylist on the phone STAT.

DOROTHY ROBINSON



5



6

5 Kerry Washington

The jewelled bodice is dazzling and the red colour was the perfect complement. Kerry is a hip glamour girl and a style icon on the rise.

NADINE ANGLIN

6 Channing Tatum

Channing Tatum's tux looks like my prom date's rental. From 1997.

DOROTHY ROBINSON

Oscar tweets

@TheAcademy

Everybody's a winner at the #Oscars tonight. Except, of course, for the people that lose.

@ericasara

Seeing tweets criticizing women's bodies on red carpet, esp from magazines representing health industry = extremely disappointing #FAIL

@AustenGilliland

Oscars, shmoscars, make some soup!

@Sid_Seixeiro

Dear Wife: You watched the entire Super Bowl. I will now sit through three hours of Red Carpet on E! We're even. Signed, Me.

@SarahInMI

My red carpet look? Oh, that'd be Old Navy flannel pajamas from their Fall 2011 collection.

@OwenBenjamin

It's funny watching fashion people pretend every tux doesn't look exactly the same.

The Word

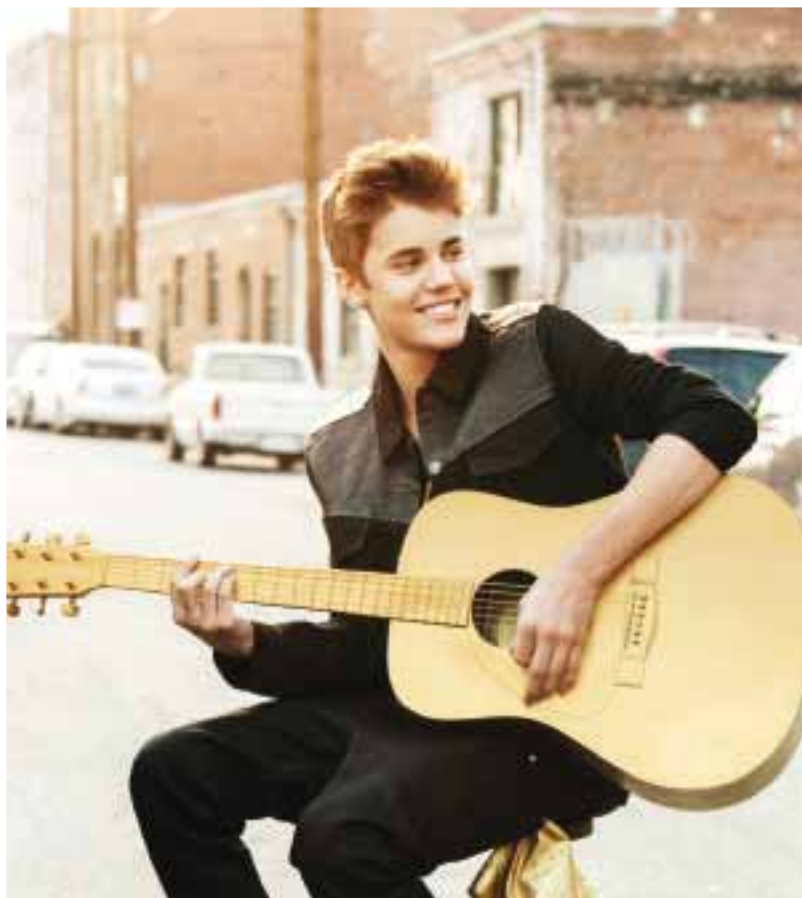
Oscar swag



THE WORD
Dorothy Robinson
scene@metronews.ca

It may be an honour just to be nominated for an Academy Award, but it's also lucrative. Just check out the gift bag all nominees receive, cultivated by Distinctive Assets:

- A trip to Australia worth \$12,000
- A one-week, all-inclusive trip to a fitness retreat worth \$4,100
- A three-night stay at the St. Regis in Punta Mita, Mexico, worth \$3,000
- A \$20 box of Naked Condoms
- A \$40 electronic cigarette
- A \$795 water filtration system
- \$60 worth of gluten-free macaroons
- \$406 worth of anti-aging hand lotion
- \$530 worth of Sedu hair-styling tools
- \$250 worth of Diet Pepsi
- A Samsung WB150F Wi-Fi-powered camera
- And a \$20 book, Take 2: Your Guide to Happy Endings and New Beginnings, by Leeza Gibbons. Because that's exactly what struggling actress Jessica Chastain needs — a self-help book by the former host of Entertainment Tonight.



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Metro is inviting one lucky winner to a VIP experience at a Justin Bieber concert. You could win airfare, hotel and concert tickets for two with backstage passes to meet Bieber himself on one of his European Tour stops. All you have to do is:

1. Take a photo of yourself with the "I Beliebe in Love" ad which appeared on February 14th 2013 in a place you'd like to take Justin on a date. (If you missed the ad you can print it out at www.clubmetro.com/bieber)
2. Upload your photos by visiting www.clubmetro.com/Justin
3. Remember to share the love! Collect votes from your friends to increase your chances of landing the grand prize!

metro

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No purchase necessary. Contest open to residents of Canada and certain other countries worldwide who are thirteen (13) years of age or older. Odds of winning depend on the number and caliber of eligible entries received. One (1) Grand Prize is available to be won, consisting of a trip to see Justin Bieber perform and meet Justin Bieber (approximate retail value of \$5,000 USD). Skill testing question required. Contest closes February 28, 2013 at 12:00AM CET. To enter and for complete contest rules visit www.facebook.com/metrolnt. Contest sponsors are Metro International S.A. together with its local Metro subsidiaries around the globe. The contest is in no way sponsored by Free Daily News Group Inc. or Pizza Pizza Limited. Neither Free Daily News Group Inc. nor Pizza Pizza Limited is responsible for this contest or its prize(s).

metro



Madonna

Madonna photos too hot for Instagram

Madonna's foray into photo-sharing may be short-lived if she doesn't clean up her act.

The singer recently joined Instagram, collecting more than 150,000 followers while posting provocative photos of herself as well as images of flowers, horses and artist Frida Kahlo. But she's also posted a warning she apparently received from the folks at Instagram about reviewing the site's community guidelines.

"We value these guidelines and believe that they will help keep Instagram a safe and fun place for everyone," the message reads. "It is important to note that continuing to violate them may result in a disabled account or discontinued access to Instagram without warning."



Steven Tyler

'You also could say I snorted half of Peru'

Steven Tyler estimates that he has probably snorted \$5 million or \$6 million worth of cocaine during his drug-abusing days, which is a far cry from his estimate of \$20 million in his 2011 memoir. "But it doesn't matter," he tells Australia's 60 Minutes during an interview. "You also could say I snorted half of Peru, but it doesn't matter. You know, it's what we did."

10

metronews.ca
Monday, February 25, 2013

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Pop goes the week

Britney's bodyguard gets a new job and will.i.am gets a new car



STARGAZING
Malene Arpe
scene@metronews.ca

Britney Spears' ex-bodyguard, who once sued her for allegedly harassing him by flashing her lady parts, has become a ghost hunter. I guess nothing can scare him after having seen ... (Nope. No. No, you're not. - ed)

Author Hilary Mantel, who wrote that book about Cromwell you totally pretended to have read three years ago, says that Kate Middleton has a plastic smile, is "dead-eyed" and made for breeding. "Why does some stupid duchess get all the great compliments?" asks a sad Kim Kardashian.

And while on the subject of books you pretend to have read. The BBC is making a six-part series based on War and Peace.

Mila Kunis confirms she'd like to play Anastasia in 50 Shades. The rest of the world confirms that we would like for this annoying casting process to be over.

Robin Williams and Sarah Michelle Gellar will star in a comedy pilot together. It's going to be so funny when Buffy hunts and stakes Mork



will.i.am

... (Go ahead. Make the joke about Britney. It can't possibly be worse. - ed)

While her injured boyfriend is in pain and bleeding on a stretcher, Paris Hilton poses for a photographer right in front of him. Kris Jenner, Dina Lohan and Joe Simpson ask themselves what they did wrong and what Kathy Hilton did right.

A study suggests that it's better for your health if you just allow yourself to fart whenever you're on a plane. But not if you're sitting next to me.

Russell Brand says that remaking Arthur was a mistake. He finally got around to watching it. Good for him.

Celebrity Math Question: If Brendan Fraser claims that he cannot possibly afford to pay \$900,000 a year in child support and Mary J. Blige has a new \$900,000 lien against her, while will.i.am pays \$900,000 for a custom-made car, why is Kevin Federline sad? Answer: because, no matter how hard he tries, all he can come up with is \$57,000 in unpaid taxes.

Twitter



@KChenoweth
Just Said hello to Barbra Streisand. Happy now



@BetteMidler
AN UNDERGROUND GAY LOBBY AT THE VATICAN? AND THEY HAVEN'T CALLED MY AGENT?



@rosemcgowan
I hate everyone. Not you, everyone else.



@Sethrogen
Ah, awards season. Or as I know it, the time of year I learn that I'm too fat for all my suits.

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No gym required

Spot-toning
with tots

IT'S ALL RELATIVE
Kathy Buckworth,
kathybuckworth.com

Forget the expensive gym if you have kids. There are more specific spot-toning exercises:

- **Toddler squat:** You will spend a torturous amount of time squatting in front of them in order to zip up coats, tie shoes, wipe noses, scrub away crusted-on ketchup, discipline and pull up unintentional low rise pants.

- **Car seat resistance training:** Children will take every opportunity to fight car seat confinement. This is most

effectively achieved by back arching, kicking and arm flailing. It will take all of your strength and toning skills to firmly place the child in the seat while not snapping limbs (theirs).

- **Flying boot maneuver:** Sitting down and gently pulling off muddy boots takes up valuable time in a five-year-old's day. The preferred method is to

stand on one foot, grasp the antique hall table with a sticky hand, and shake the other foot until the boot is sent flying into your new suede jacket. Duct tape boots to your child's pants to avoid strenuous ducking and dodging.

EXCERPTED FROM JOURNEY TO THE DARKSIDE: SUPERMOM GOES HOME BY KATHY BUCKWORTH, KEY PORTER BOOKS, 2007. THIS BOOK WILL BE AVAILABLE ON AUDIBLE.COM ON FEB. 27.

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Sadly mommy's gym membership fees aren't helping her build muscle or your RESP fund. Follow along with the comedic (mis)adventures of mommyhood online with Reasons Mommy Drinks at metronews.ca/voices



Joe Jensen, 2, watches television as a special treat in the afternoon at his home in Seattle. Joe's mother, Nancy Jensen, was a participant in a new University of Washington study on the effects of television viewing on kids. TED S. WARREN/THE ASSOCIATED PRESS

Switch to less violent TV for better-behaved kids: study

Picking Sesame Street over Power Rangers. Substituting shows the most short-term gains for low-income boys

Teaching parents to switch channels from violent shows to educational TV can improve preschoolers' behaviour, even without getting them to watch less, a study found.

The results were modest and faded over time, but may hold promise for finding ways to help young children avoid aggressive, violent behaviour, the study authors and other doctors said.

"It's not just about turning off the television. It's about changing the channel. What children watch is as important as how much they watch,"

said lead author Dr. Dimitri Christakis, a pediatrician and researcher at Seattle Children's Research Institute.

The research was to be published online Monday by the journal *Pediatrics*.

The study involved 565 Seattle parents, who periodically filled out TV-watching diaries and questionnaires measuring their child's behaviour.

Half were coached for six months on getting their three-to-five-year-old kids to watch shows like *Sesame Street* and *Dora the Explorer* rather than more violent programs like *Power Rangers*. The results were compared with kids whose parents got advice on healthy eating instead.

At six months, children in both groups showed improved behaviour, but there was a little bit more improvement in the group that was coached on

their TV watching.

By one year, there was no meaningful difference between the two groups overall. Low-income boys appeared to get the most short-term benefit.

"That's important because they are at the greatest risk, both for being perpetrators of aggression in real life, but also being victims of aggression," Christakis said.

Before the study, the children averaged about 1 1/2 hours of TV, video and computer game watching a day, with violent content making up about a quarter of that time. By the end of the study, that increased by up to 10 minutes. Those in the TV coaching group increased their time with positive shows; the healthy eating group watched more violent TV.

Nancy Jensen, who took

part with her now six-year-old daughter, said the study was a wake-up call.

"I didn't realize how much Elizabeth was watching and how much she was watching on her own," she said.

Jensen said her daughter's behaviour improved after making changes, and she continues to control what Elizabeth and her two-year-old brother, Joe, watch. She also decided to replace most of Elizabeth's TV time with games, art and outdoor fun.

During a recent visit to their Seattle home, the children seemed more interested in playing with blocks and running around outside than watching TV.

Another researcher who was not involved in this study but also focuses his work on kids and television commended Christakis for tak-

Potential issue

The study has some flaws.

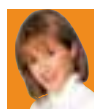
- The parents weren't told the purpose of the study, but the authors concede they probably figured it out and that might have affected the results.

ing a look at the influence of positive TV programs, instead of focusing on the impact of violent TV.

"I think it's fabulous that people are looking on the positive side. Because no one's going to stop watching TV, we have to have viable alternatives for kids," said Dr. Michael Rich, director of the Center on Media and Child Health at Children's Hospital Boston.

THE ASSOCIATED PRESS

Rice Cakes with Tomato Purée



ROSE REISMAN
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rosereisman.com

Serve these with soup and salad for a delicious lighter meal, or serve them as a side dish. The cakes can also be sautéed in a non-stick skillet sprayed with cooking oil. Try brown rice for a change, adding more stock if necessary.

1. Preheat the oven to 400 F. Spray a baking sheet with cooking oil.

2. For the rice cakes, bring the stock to a boil in a saucepan. Stir in the wild rice and simmer for 25 minutes. Add white rice, cover, reduce the heat to medium-low and cook for 10 more minutes, or until the rice is tender. Let the rice cool slightly. Drain off any liquid. Rinse with cold water.

3. Combine the cooled rice, garlic, mozzarella and Swiss cheese, green onion, Parmesan cheese, basil and eggs in a bowl. Stir until well mixed. Using a 1/3-cup measure, form the mixture into approximately 10 patties and

Ingredients

Rice Cakes

- 4 cups vegetable or chicken stock
- 1/2 cup wild rice
- 1/2 cup white rice
- 1 tsp minced fresh garlic
- 1/2 cup shredded part-skim mozzarella cheese
- 1/4 cup shredded Swiss cheese
- 1/4 cup chopped green onion
- 2 tbsp grated Parmesan cheese
- 1 tsp dried basil
- 2 eggs

Sauce

- 1/2 cup tomato-based pasta sauce
- 2 tbsp 2 per cent evaporated milk
- 1/4 tsp dried basil

place on the prepared baking sheet. Bake approximately 12 minutes per side, until browned.

4. For the sauce, heat the tomato sauce, milk and basil in a small saucepan.

5. Serve the rice cakes with the sauce on the side.

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These rice cakes have 114 calories per serving (1 rice cake).

MARK SHAPIRO, FROM ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS)

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Everyone loves pasta but no one likes calories and fat so be warned that some pasta choices are loaded with an unhealthy combination of both.

Boston Pizza Smokey Mountain Spaghetti and Meatballs

1,730 calories / 63 g fat These are quite the "meat-a-ballas!" Literally a mountain of spaghetti smothered in Bolognese sauce with large meatballs and cheddar cheese. This represents your entire day's calories and three quarters of your daily fat!



Equivalent

Same as having 2 1/2 orders of bruschetta in calories.

Boston Pizza Fettuccini with Bolognese sauce

730 calories / 9 g fat This "make your own" pasta selection is the way to go. You end up with a normal serving size of pasta that will save you at least half the calories and a fraction of the fat.



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When it comes to grad school, search wisely

Making a plan.

Continuing education can enrich your life and your career options, but it's important to know what to look for, says expert

DOUG SMITH

Metro World News in New York

As a coach and trainer for creative professionals, Dave Mowers says when starting out in graduate study, "You'll be surrounded by opportunity, new and fascinating people, lofty ideas, incredible demands and intense feedback and attention." Can you make it pay off? Mowers lays out what to know before committing the time and money.

Why should we think about grad school right now?

There are signs of economic recovery. We have many industries, and advanced training and education are key to the innovation movements across the board.

Are there common mistakes people make when decid-

ing to apply or choosing a school?

The number one mistake is the assumption that any specific program will change your life and solve financial problems. People's second mistake is taking an initial rejection as a stopper. But the biggest mistake is taking on the cost without a realistic plan for managing finances after the program is complete.

Is enrolling in continuing studies classes a good alternative to immersing yourself in grad school full time?

Continuing studies programs offer an amazing route to achieving your career goals. Programs like this are staffed by professionals working in the field. Most of them participate because they are interested in cutting-edge development, staying current with thought leadership in their industry and sharing a passion for their discipline or work.

What to remember when taking the next steps: Research is free.

Spend time online with schools that interest you,

but also visit open houses. Learning about a school is the first step to learning from the school.

Applying is not committing.

Applications aren't cheap, but they're a small investment compared to the cost of attending a school. Find out what you need to succeed and take it from there. You don't have to accept.

Keep an open mind.

Sure, there is always a program ranked No. 1, but there are also other schools that may offer you better options for placement upon graduation.

Ask for it.

Graduate schools are competing for your business. Make sure you are meeting face-to-face with a committed team of people who will help you get the experience you want.

What happens after?

Business is still business when you finish, and it comes down to who you know.



Searching for grad schools doesn't have to be a soul-sucking enterprise. ISTOCK

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Ex-manager Farrell will get warm welcome: Bautista

MLB. Blue Jays slugger says he has no issue with old coach, who he will face on Monday at spring training

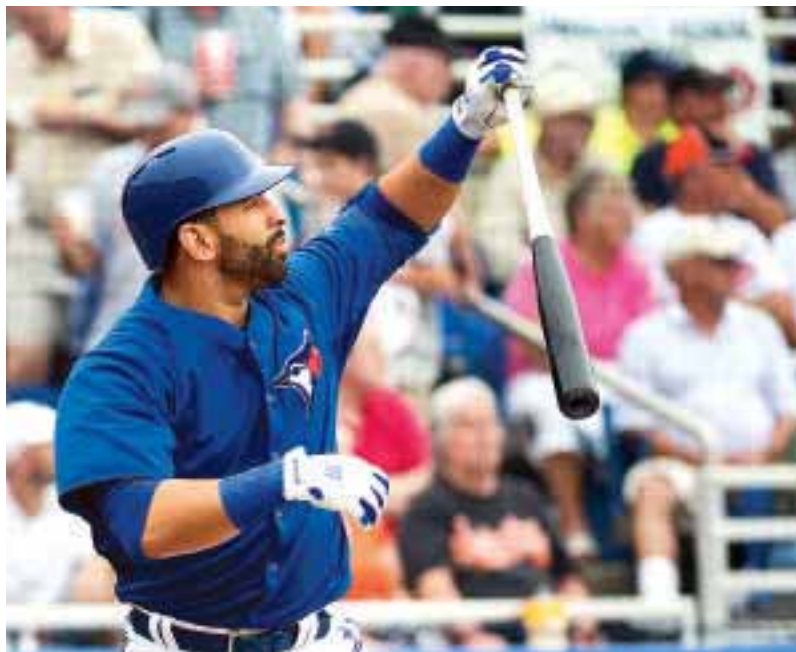
Toronto Blue Jays slugger Jose Bautista says former manager John Farrell will get a warm welcome when he brings his Boston Red Sox for a spring training game on Monday.

"Why not?" the star outfielder said Sunday. "As a person I like him. As a manager I like him. He never did anything bad or wrong to me. You can't blame somebody for having a desire to get to a certain place in his career."

"At least he said it and made it obvious and made it known to everybody. And he had a chance to pursue his

Quoted

"Yeah, I'll go say hi to him, talk to him, see what he's doing, see how's he feeling. Normal chit-chat. And then I'm going to try to kick his ass." Jose Bautista on greeting Boston manager John Farrell.



Toronto Blue Jays outfielder Jose Bautista watches his two-run home run while playing against the Baltimore Orioles Sunday in Dunedin, Fla. NATHAN DENETTE/THE CANADIAN PRESS

dream. I would rather him be there doing that than be with us and wanting to be there."

Farrell asked to be released by Toronto after the

2012 season to manage in Boston, which he called his "dream job."

Eventually the Jays agreed on a compensation deal in

October that saw infielder Mike Aviles come to Toronto and right-hander David Carpenter go to the Red Sox.

Farrell spent four seasons

Bautista blast

One of the Blue Jays' major concerns heading into camp was the condition of Jose Bautista's surgically repaired left wrist after he missed most of the final three months of the 2012 season.

- On Sunday, in a 5-4 loss to the Orioles at Florida Auto Exchange Stadium, Bautista slammed his first home run to deep left-centre field.
- "I've said it all along: It feels good," Bautista said. "Took a couple of big hacks today in good hitter's counts. It felt perfect."

as Red Sox pitching coach from 2007 to 2010 before managing two years in Toronto.

The Red Sox visit will also see the return of third base coach Brian Butterfield, who left Toronto to join Farrell in Boston.

Knuckleballer R.A. Dickey will make his spring debut against a Boston split-squad Monday. Another Boston team will play at the Tampa Bay Rays. **THE CANADIAN PRESS**

Power play powers Wings past Canucks



Detroit Red Wings centre Henrik Zetterberg, second from right, celebrates his goal with Daniel Cleary, right, and Damien Brunner as Vancouver Canucks defenceman Alexander Edler skates away Sunday in Detroit. DUANE BURLISON/THE ASSOCIATED PRESS

Damien Brunner had two goals and two assists, and Joakim Andersson scored twice in the Detroit Red Wings' 8-3 win over the Vancouver Canucks on Sunday.

Henrik Zetterberg and Niklas Kronwall had a goal and two assists each, Daniel Cleary added a goal and an assist, and Jordin Tootoo also scored for Detroit, which netted three power-play goals in the second period to take the lead.

Pavel Datsyuk and Jonathan Ericsson added two assists, and Jimmy Howard made 18 saves.

On Sunday

8

Wings

3

Canucks

Daniel Sedin had two goals, and Chris Higgins also had a goal for Vancouver. Henrik Sedin had two assists, and Roberto Luongo stopped 20 shots but lost in regulation for the first time this season.

Cleary tied it 3-3 at 2:57 of

the second period when he tipped the puck in during a goal-mouth scramble for his fourth goal. Zetterberg's sixth gave the Red Wings the lead with 4:50 left in the second, and Brunner made it 5-3 when he calmly flipped in a rebound with 42 seconds remaining.

The Red Wings, who entered ranked 26th in the NHL on the power play, held the Canucks to only three shots in the second period.

Brunner added his second goal of the game and 10th of the season in the third before Andersson scored twice.

THE ASSOCIATED PRESS

NHL

Jets keep rolling on the road

Evander Kane scored a breakaway goal in the second period, and Andrew Ladd added some insurance in the third to lift the Winnipeg Jets over the New Jersey Devils 4-2 on Sunday.

Zach Bogosian scored in the first period, and Grant

Clitsome had a power-play goal in the second for the Jets, who have won three of the first four of a five-game trip that concludes Tuesday in New York against the Rangers. Ondrej Pavelec made 26 saves.

Travis Zajac and Steve Bernier had goals for New Jersey, but the Devils lost their fourth in five games and second at home this season. **THE ASSOCIATED PRESS**



Winnipeg Jets goalie Ondrej Pavelec on Sunday. GETTY IMAGES

World Baseball Classic

Martin pulls out on Team Canada

Russell Martin won't moonlight at shortstop after all.

Pittsburgh's catcher says he won't play for Team Canada in the World Baseball Classic because Canadian and Pirates officials don't want him to move from his normal position.

THE CANADIAN PRESS

NBA



"Amnesty THAT"

Kobe Bryant's tweet after scoring 38 points against the Dallas Mavericks on Sunday. Mavericks owner Mark

Cuban had suggested in a radio interview the Los Angeles Lakers could reduce their salary-cap tax by dumping Bryant through the amnesty clause. Cuban said before the game he was speaking hypothetically. The Lakers beat the Mavs 103-99.



Lowe's Chevrolet driver Jimmie Johnson celebrates in victory lane after winning the NASCAR Sprint Cup Series Daytona 500 on Sunday in Daytona Beach, Fla. CHRIS GRAYTHEN/GETTY IMAGES

Johnson returns winning ways at Daytona 500

NASCAR. Five-time Sprint Cup champ wins in 400th career start to outdo pole-sitter Patrick on historic day for racing

A big first for Danica Patrick, but an even bigger second for Jimmie Johnson.

Patrick made history up front at the Daytona 500 Sunday, only to see Johnson make a late push ahead of her and reclaim his spot at the top of his sport.

It was the second Daytona 500 victory for Johnson, a five-time NASCAR champion who first won the "Great American Race" in 2006.

"There is no other way to start the season than to win the Daytona 500. I'm a very lucky man to have won it twice," said Johnson, who won in his 400th

career start. "I'm very honoured to be on that trophy with all the greats that have ever been in our sport."

It comes a year after Johnson completed only one lap in the race because of a wreck, and just three months after Johnson lost his bid for a sixth Sprint Cup title to go two years without a championship after winning five straight.

Patrick, the first woman to win the pole, also became the first woman to lead the race. She was running third on the last lap, but faded to eighth at the finish and admitted she'll replay it over in her mind.

"I would imagine pretty much anyone would be kicking themselves about what they coulda, shoulda have done to give themselves an opportunity to win," she said. "I think that's what I was feeling today, was uncertainty as to how I was going to accomplish that."

THE ASSOCIATED PRESS

Crash concerns

Fans feeling unsafe after the terrifying crash at Daytona International Speedway a day earlier were able to change seats for NASCAR's biggest race on Sunday.

- Workers repaired a section of fence — 54 feet wide and 22 feet high — that was shredded Saturday when Kyle Larson's car went airborne on the final lap of a second-tier race and crashed through the barrier that separates cars from fans. Large pieces of debris sprayed into the upper and lower section of the stands.
- Saturday's crash injured more than 30 people, raising more questions about fan safety at race tracks.

UFC

Rousey successful in historic title fight

Ronda Rousey, the first women's champion in UFC history, said she would not feel like a true title holder until she defended her belt. On Saturday, she did exactly that in emphatic fashion.

After surviving an early scare from spirited challenger Liz Carmouche, Rousey (7-0) latched in her signature technique — the armbar — to score a first-round submission win in the first defence of the title she was granted in November.

"I was actually less nervous walking out than I was for some of my earlier fights," Rousey said. "I felt like the UFC champion, and I know how hard I am working. This was a wild ride, and I can't wait to get back in the octagon."

THE CANADIAN PRESS



Ronda Rousey hits Liz Carmouche during their bantamweight fight on Saturday in Anaheim, Calif. GETTY IMAGES

Golf. Kuchar captures Match Play title in Arizona

Matt Kuchar finally put Hunter Mahan in a hole and then answered every challenge Sunday to win the Match Play Championship in Marana, Ariz.

Mahan had gone 169 holes over 11 matches without trailing in this wild tournament until Kuchar won the fourth hole of their championship match with a par, and Mahan never caught up. Kuchar took advantage of a series of miscues to build a 4-up lead at the turn, and then held off a noble challenge by the defending champion.

There was never a dull moment on the back nine. Only two holes were halved, and those were with birdies.

But for all the great shots, the match ended when Mahan went from a tough lie in the bunker to a bush in the desert, and it took him four shots to reach the 17th green. Kuchar wound up winning, 2 and 1, when Mahan removed the stocking cap he used to fight the cold desert air and conceded Kuchar a short birdie putt.

It was the first World Golf



Matt Kuchar GETTY IMAGES

Championship title for Kuchar, and it follows a year in which he won The Players Championship. Kuchar became the second player in the last three years to win the Match Play Championship without ever playing the 18th hole.

"It seems like each hole there's so much momentum riding and so much pressure on every hole," Kuchar said. "To come out on top after six matches of playing the top 64 guys in the world, it's an incredible feeling." THE ASSOCIATED PRESS

Quoted



"Just had a bad stretch against Matt on the front nine there that put me just a little bit too far behind."

Hunter Mahan, who was trying to join Tiger Woods as the event's only back-to-back winners.

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Bagnani struggling with fans and his game

NBA. Longest-serving Raptor feeling the heat from home crowd as he looks to regain form

It's a rather matter-of-fact Andrea Bagnani who stands and answers questions about his treatment by Raptors fans at the Air Canada Centre.

The longest-serving member of the Toronto team has heard the boos in games the past couple of weeks. The de-

ression is not overwhelming, but it's difficult to ignore. And he faces queries head-on.

"I'm not happy about it, obviously, but there's nothing I can do about it," he said after a Sunday workout. "There's not much I can do. I have to keep working hard, especially in practice."

Bagnani's treatment at home has taken some of the shine off exemplary play by the Raptors. They've won six of their last seven and sit within four games of the eighth and final Eastern Con-

Quoted

"He can control the crowd by his play, his approach, his body language."

Raptors coach Dwane Casey says Andrea Bagnani has a shot at winning fans over.

ference playoff spot.

"We've still got a shot at the playoffs so I've got to try to help as much as I can these last 25, 26 games we have,"

he said. "Coming from a long injury, I have to find my shape, my rhythm."

Getting Bagnani fully involved offensively would be a significant improvement. Coach Dwane Casey knows he has to get more out of the seven-year veteran.

"There are sets that we're going to run more that feature Andrea," Casey said.

"We just have to get his mojo going. His demeanour is fine (with the team). We just have to get him aggressive offensively." **TORSTAR NEWS SERVICE**



Boos have rained down on Toronto Raptor Andrea Bagnani at the Air Canada Centre recently. **ANDREW FRANCIS WALLACE/TORSTAR NEWS SERVICE**

Metro London Student Athletes of the Week!

Meet Metro's featured students from Sir Wilfrid Laurier S.S. This weekly feature highlights exceptional students in partnership with the Thames Valley District School Board.

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Danny Mundt

Age 18

Sports: Basketball, Football and Track and Field

Study of Interest: Kinesiology

Athletic Achievements: SPECTRA Nominee, football MVP and Captain in both Junior and Senior each year, grade 9, 10 and 11 male athlete of the year

Community Involvement: Student Athletic Association Executive and helped with our Junior boys basketball team 80% + average each year



Rachel Caris

Age 17

Sports: Volleyball, Badminton, Swimming, Cross Country and rugby

Study of Interest: Health Sciences and then to Ivey's HBA Program

Athletic Achievements: SPECTRA Nominee, Rugby MVP and Captain

Community Involvement: Student Council and DECA Children's Ministry Volunteer, Academic Honours each year, Forest Cliff Camp, Chelsey Park Swim School, Fitness Forum



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Horoscopes

Aries

March 21 - April 20

Luck comes to those who think they deserve it, so believe you are being looked after by a lucky star and good fortune will most likely smile on you this week. Life doesn't have to be all about doom and gloom.

Taurus

April 21 - May 21

What occurred over the weekend may not have struck you as funny but it should have. What happened to your sense of humor? Or do you only laugh when the joke is on someone else? Lighten up, it's life.

Gemini

May 22 - June 21

Try to be tactful if you have to explain to a friend or work colleague how and why they got something wrong. There is a right way and a wrong way to point out mistakes. Choose the right way.

Cancer

June 22 - July 23

Major changes are on their way. Don't bother trying to fight them. The forces at work are far too strong for you to stand against them. And why would you want to when they are in your favor?

Leo

July 24 - Aug. 23

Even difficult situations should be easy to handle today. However, one thing you need to be aware of is that travel and social plans may be subject to delays. There's not a lot you can do but grin and bear it.

Virgo

Aug. 24 - Sept. 23

It would appear that something has been bubbling away in your subconscious for some time but is now ready to break through and be taken seriously. It will lead to some radical changes in the way you think.

Libra

Sept. 24 - Oct. 23

A new arrival on your social scene is a little bit shy, so put on your best smiley Libra face, take them by the hand and show them around. Before you know it you will be the firmest of friends.

Scorpio

Oct. 24 - Nov. 22

You may be industrious but you cannot possibly do it all on your own. Seeing as how you have so much work to plough through over the next few days, why would you even want to consider it?

Sagittarius

Nov. 23 - Dec. 21

If certain avenues of expression are blocked to you today maybe you should see it as the planets' way of telling you that an alternative route needs to be found. Think for yourself and realize you have so many choices.

Capricorn

Dec. 22 - Jan. 20

There is no point getting emotional about things over which you have no control. There are still many issues you can have a say on and those are the things you must focus on now. Get real and stay real.

Aquarius

Jan. 21 - Feb. 19

If what a friend requests of you is beyond your powers to deliver you must let them know immediately. Don't pretend that you might be able to help them when, deep down, you know it isn't going to happen.

Pisces

Feb. 20 - March 20

The storms clouds of recent weeks have begun to break up and the sunshine is now pouring through. Think positive, act positive and believe that positive things are going to occur over the next few days – and they will.

SALLY BROMPTON

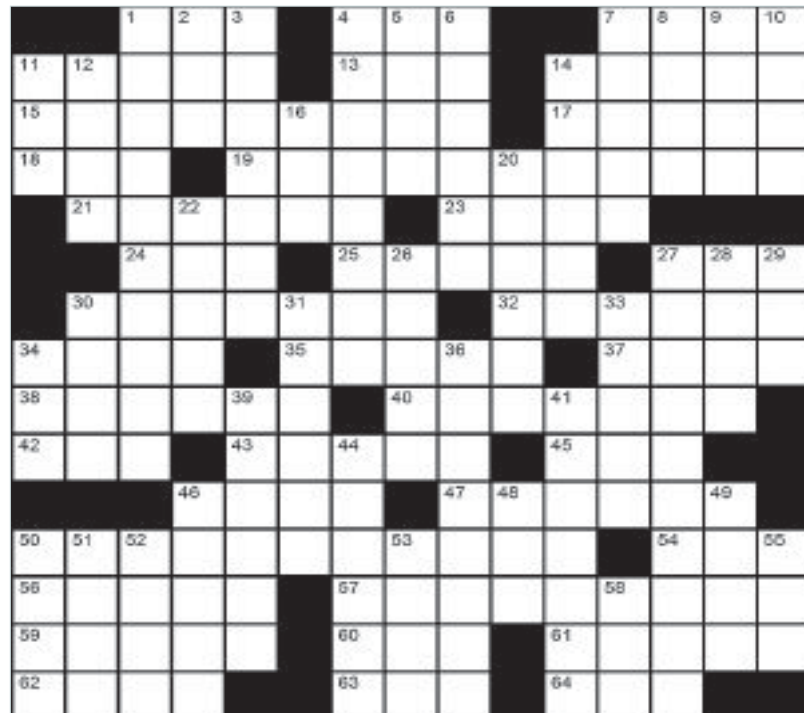
Crossword: Canada Across and Down

Across

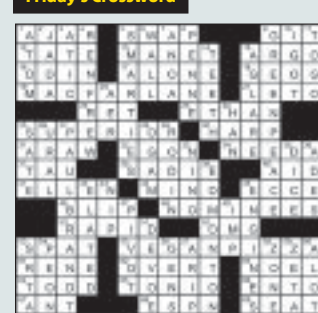
- ___ Royal Highness
- Faith, for short
- Niagara-on-the-Lake theatre festival in Ontario
- "It takes ___ tango."
- Ms. Green of "Casino Royale" (2006)
- Winter/Summer Olympian Ms. Hughes
- Deficient in energy
- Keep an ___ mystery
- B-F inbetweeners
- Adjustment back to order
- From longest ago
- Simplicity
- 'Par' add-on (Sitting room)
- Lead/tin alloy
- ___-mo replay
- Seaside
- Credit card user
- Criminal associations
- Breath ___ of relief
- Phoned ___
- Early-1900s art movement
- Paper craft of Japan
- Undercover agent
- Sample food
- Dem's political rival
- Prefix with 'dynamic'
- Sculptor's tool
- Canadian potato chips since 1987: 2 wds.
- Flatline
- Furious
- Winnipeg band, ___ Dum-mies
- Ancient king of Crete
- One: German
- Radiant visions of light
- "This ___ outrage!"
- Web feed syst. for updates
- Climber's li'l conquests

Down

- Hub of activity for guests, bell-hops, checking in, etc.: 2 wds.
- Shakespearean suffix
- Lions as sound-makers
- Boat race meets
- Good vs. ___
- More like a doily
- Gooney gunk
- Rabbit-like animal
- Elvis Presley's middle name at birth
- Float, as a scent
- "No Scrubs" group
- 1995 Montell Jordan hit: "This Is How ___ It"
- "I ___ for Miles" by The Who: 2 wds.
- Hi-___ graphics
- Ben Kingsley title film role
- "___ say, not..."
- Poet T.S. (b.1888 - d.1965)
- Calgary's football team
- Actress Ms. Anderson
- Association, for short
- Sudden political takeover
- Type of soy sauce
- Hillside
- Rap music's Hammer, et al.
- Ancients like Aristotle
- Mr. McQueen's
- Bestselling author John
- Many call it football
- British car, ___ Martin
- She's opposite
- Ms. Kudrow
- Mariah Carey album: 'The Emancipation of ___'
- Goo Goo Dolls hit
- Capital city of Yemen [var. sp.]
- Reality star Ms. Jenner
- Ands: French
- Famed tomb king



Friday's Crossword

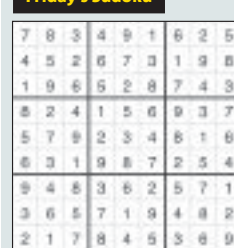


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Friday's Sudoku



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